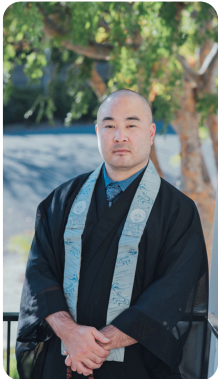

GOLDEN CHAIN

I am a link in the Buddha's golden chain of love that stretches around the world. I must keep my link bright and strong. I will try to be kind and gentle to every living thing and protect all who are weaker than myself. I will try to think pure and beautiful thoughts, to say pure and beautiful words, and to do pure and beautiful deeds, knowing that on what I do now depends not only my happiness or unhappiness, but also that of others. May every link in the Buddha's golden chain of love become bright and strong, and may we all attain perfect peace.

☎ (510) 471-2581

📍 32975 ALVARADO-NILES RD UNION CITY, CA 94587

✉ OFFICE@SACBC.ORG



Rev. Landon Yamaoka

I hope you are all doing well and were able to take advantage of the warm weather we had! I have been thinking about interconnectedness and how we understand this as Buddhists. We are taught all things are connected, but do we believe this to be true?

I think, as a youth, my brain understood the world in a particular way, and perhaps it was not the "normal" way of seeing things; I tend to make connections that others do not. A college professor of mine once commented, when grading one of my papers, that he did not agree with an argument I made or with the way I tied one idea to the next. But, he said, how I made the connection was fascinating to him; he said he always looked forward to reading my papers. I think Abiko Sensei from Palo Alto Buddhist Temple was a major influence on how I see the world.

He would tell several different stories in his Dharma talks, then bring them all together in a profound conclusion. Since my brain makes (perhaps) very loose stretches from one idea to the next, I would do my best to guess where Abiko Sensei was headed before he gave his final comments. It was my way of staying engaged during his Dharma talks. Who knew it would help me get through college and succeed in my work after I graduated? I have even taken to making these kinds of connections in my free time. When watching TV or movies, I like to connect Buddhist ideas to the scenarios fictional characters face.

It's hard for me to turn this kind of connection-making off in my mind, but I appreciate that this practice helps me continually reflect on Buddhist teachings even amid daily activities. What I want to ask you in this message is if you have an activity or pastime in your life that allows you to be with your own thoughts or reflect on Buddhist teachings? What is it that you wonder about while engaged in these activities? If you don't have the time to sit and think, what are some activities you do that could allow you to reflect on Buddhist teachings as you do them? Do you think more time reflecting could be beneficial to your well-being? I think reflection can be a good exercise to include in your lifestyle.

For me, the benefit of this practice is seeing myself in the characters on screen, particularly when they engage in harmful behavior toward someone they care about. As I see it, those characters are suffering but are unable to process their emotions. Through these characters, I can see how I, too, have hurt those I care about because of my inability to see my emotions and reactions clearly.

Abiko Sensei's layered talks helped me to make leaps, connecting things that seemed unrelated. This exercise in connection-making allowed me to see myself more clearly and to recognize how my emotions can carry me away from reality. Abiko Sensei wanted his sangha to pause before lashing out at others or harming themselves. Jodo Shinshu is a path of self-reflection, not so that we might be perfect in this lifetime but so that we begin to see our true nature and turn to Amida Buddha for guidance.

In Gassho,
Rev. Landon

March Services

Please join us in-person in the hondo or virtually via Zoom (hybrid services).

March 1, 2026 – Shotsuki Hoyo

10 A.M. (Hybrid Service)

At this monthly memorial service, we will honor those loved ones who passed away in the month of March

March 8, 2026 – Transbay Dharma Exchange

10 A.M. (Hybrid Service)

DAYLIGHT SAVINGS begins: Spring forward

Rev. Bridge of Oakland Buddhist Church will officiate this service
March birthdays will be celebrated. Dharma School will follow service.

March 15, 2026 – Family Service

10 A.M. (Hybrid Service)

March 22, 2026

Lady Takeko Kujo & Lady Yoshiko Ohtani Memorial Service & Spring Ohigan Service

10 A.M. (Hybrid Service)

Lady Takeko Kujo (1887-1928) founded the BWA to promote the status of Buddhist women.
Lady Yoshiko Ohtani (1918-2000) revitalized the BWA and started the BWA World conferences.
Ohigan marks the Spring or Vernal Equinox. This is the time when the Earth and the Sun are situated such that the hours of Daylight are equal to the hours of Night.
Because the weather is fairest during these times of year, it is convenient to come to the temple and listen to the teachings of the Buddha Dharma.

March 29, 2026 – Family Service

10 A.M. (Hybrid)

Dharma School will follow Service

HAPPY GIRLS' DAY (HINAMATSURI)

Hinamatsuri, also called "Girls' Day" or "Dolls' Day", is a special day in Japan. It is celebrated on March 3rd (the third day of the third month) of each year with platforms covered with a red material to display a set of ornamental dolls representing the Emperor, Empress, attendants, and musicians in traditional court dress of the Heian period.

Dolls were a donation from Mrs. Takako Sloniker



March Shotsuki Hoyo
Sunday, March 1, 2026 at 10:00 am

Family, relatives, and friends are invited to attend the monthly memorial service for the following:

DECEASED

FAMILY

| | | |
|---------|----------------------|---|
| 1956 | SABURO KOYAMA | KOYAMA FAMILY |
| 1962 | TEISUKE NISHI | NISHI FAMILY |
| 1968 | MINORU ANDO | ANDO FAMILY |
| 1969 | KEIJI HATSUSHI | MRS. YOKO HIRAMINE & MRS. TAKIKO HATSUSHI |
| 1973 | TOMOE TANAKA | TANAKA & SHIBATA FAMILY |
| 1980 | EIICHI KOBAYASHI | MRS. NANCY MINAMIDE |
| 2000 | TOSHIAKI ABE | MR. DAVID ABE |
| 2002 | WILLIAM PONG | MR. & MRS. MARTIN SHIBA |
| 2003 | CHRISTINE NISHIHIRA | MR. THOMAS NISHIHIRA |
| 2005 | RENEE YONEKURA | MRS. TOYOKO YOSHIOKA |
| 2005 | ROBERT KITAJIMA | MR. & MRS. BOB KITAJIMA |
| 2006 | KIMIYO ASAKAWA | MRS. NEILE MORI-TANG |
| 2007 | JUNE HANDA | MR. BILL HANDA |
| 2011 | SHIRO SAKAKI | MRS. NORIKO SAKAKI & MR. & MRS. TETSUJI UEMURA |
| 2013 | KENJI NEYAMA | MRS. AILEEN HISAOKA |
| 2014 | STANLEY SAKUMA | MS. SUSAN SAKUMA |
| 2015 | CLAIRE TESHIMA | MS. PAIGE AJIMURA |
| 2016 | KAY OTANI | MR. RICHARD OTANI & MS. DEBBIE YAMAOKA |
| 2016 | ROY NAKAGAWA | MRS. MARY NAKAGAWA |
| 2016 | SADAO HIRABAYASHI | MS. JOY HIRABAYASHI-DETHIER |
| 2017 | HAJIME OTA | MRS. JEAN KOTAKE & MRS. SALLY HINSON |
| 2018 | KIYOKO NEYAMA | MRS. AILEEN HISAOKA |
| 2022 | TAEKO WAKAMATSU | MS. CATHY MATSUBARA |
| 2022 | SHIOJI KIMURA | KIMURA FAMILY |
| 2023 | YOSHIHARU YOSHIMITSU | YOSHIMITSU FAMILY |
| UNKNOWN | AIKO YAMAGUCHI | MR. & MRS. TSUYOSHI TESHIROGI |
| UNKNOWN | JO KAMIJI | MRS. MICHU HANDA |
| UNKNOWN | YOSHIHARU MORI | WONG FAMILY |

MEMORIAL SERVICES 2026

Memorial year for those who passed away in:

| | | |
|---|--|---|
| 2025 - 1 st year 2022 - 3 rd year 2019 - 7 th year | 2013 - 13 th year 2009 - 17 th year 2001 - 25 th year | 1993 - 33 rd year 1976 - 50 th year 1926 - 100 th year |
|---|--|---|

NEED YOUR TOOLS SHARPENED?

SHARPENING SERVICE

CONVENIENT MOBILE SERVICE



**One Day Only, Mar 15
9 AM - 12 Noon**

In front of Sanha Hall

\$9 to \$16 an item

Drop off items before service, ready after!

Knife Sharpening Service for those attending service | Sunday March 15, 2026, 9 AM - 12 noon

Need your knives, scissors, or tools sharpened? (Tools like pruners, loppers, mower blades, etc.) Thomas of **Fremont Sharpening** is a Mobile Service that is coming to SACBC!

His mobile unit will be parked in front of Sangha Hall. Drop off your “dull items” before service. They will be ready after service.

Before bringing your items:

- Put your name & phone # on each item. (Suggest those Return Address stickers + your phone #)
- If more than one item, put in a bag or box to keep them together

Dropping off:

- You will be given a Customer ID #. Keep this to present at pick up
- Give your Customer Information: Name, phone # and email
- Attend service

Picking up your items:

- Present your Customer ID #
- An invoice will be sent to your phone



PRICING:

Pay with:

- Mobile pay
- Credit Card from your phone
- Venmo
- CASH

Sorry, credit cards can't be accepted.

| Item | Price |
|---|-------|
| Kitchen Knives | \$9 |
| Serrated Knives | \$9 |
| Cleavers/Large Knives (10+ inches) | \$12 |
| Machetes | \$16 |
| Scissors: Fabric, kitchen, & regular use (No hair grooming shears) | \$9 |
| Axes/Hatchets | \$16 |
| Kitchen Tools (Pizza Cutters, Food Processor Blades, Peelers, etc.) | \$12 |
| Pruning Shears | \$12 |
| Large Loppers/Lawn mower Blades (Free removal of mower blades!) | \$16 |

January Birthday corrections:



PICTURED LEFT TO RIGHT: [REV. T. MIYAJI], SANDY MARUYAMA, NOREEN OSAKI, YOKO HIRAMINE, JUDY TOKUBO, MIA MOSIER, [REV. LANDON].

February Birthdays:



PICTURED LEFT TO RIGHT: [REV. LANDON], KAREN FUJII, MICHELE NAGATA



Directory Updates

Please note the following updates to change in your membership directory:

LORETTA TANOUYE (U IS MISSING)

JOYCE OKIMOTO **NEW** EMAIL:
JOYCEYOKIMOTO@GMAIL.COM

YOSHIO & DARLENE FUJIWARA
CORRECT ZIP: 95129

CINDY FUJIWARA
CORRECT # (510) 697-3312

What's Up Dharma School?

Dharma School will be preparing for a short hanamaturi presentation. Looking ahead, Dharma School classes is scheduled for (dates are subject to change):

- March 8
- March 29
- April 4 (Hamaido decoration)
- April 5 (Hamamatsuri)
- ~~April 19~~ April 26 *changed
- May 3
- May 17
- June 7 (Last Day of Dharma School)

In gassho,
Cathleen and Betty



BWA REPORT by Karen Suyama

The BWA will be holding the first rummage sale of 2026 on March 7th & 8th 11am-3pm. Set up will be on Friday March 6th, from 1:00 to 5:00pm. We welcome your help to put everything out onto the floor on Friday.

If you have any treasures to donate, please bring them to the back of the Sangha Hall where we are collecting everything. We will accept your donations any time now, and ask that you call Vanessa in the office to arrange for a good time to drop them off during office hours, unless you bring them during a Friday bingo night.

Donations should be clean, not broken, or items that are missing crucial parts (makes it difficult to sell). Thank you for helping us raise money for future temple projects. Currently the BWA will be funding the cleaning of the hondo and onajin carpet, as well as cleaning the upholstery on the pews.

Our next BWA meeting is March 22nd.

Thank you for your continued support of the BWA.



You're Invited to Our HUGE Spring Rummage Sale!

Saturday, March 7th (10am* - 3pm)

Sunday, March 8th (11am* - 3pm)

**No early birds please!*

All are welcome! Join us Saturday & Sunday for our first rummage sale of the year! Hosted by the SACBC Buddhist Women's Association. There will be a large selection of Adult & Children's Clothing, Home Wares, Kitchenware, Books, Games, Toys, Tools and much, much more! Many members have donated items to be sold.

FABULOUS BARGAINS –
everything priced to *sell!*

Be sure to invite your family & friends!

Cash or credit card. Ample parking.

Everything "as is" – *No refunds or exchanges*

Southern Alameda County Buddhist Church
32975 Alvarado-Niles Road, Union City, CA 94587
sacbcoffice@gmail.com • 510-471-2581





SACBC BINGO



DOORS OPEN AT 5:00 PM

3/13: 1 FREE \$1,199 FLASHBOARD
3/27: RAFFLE DRAWING - GIFT CARDS

PAPER BINGO ONLY - LIGHTNING - FLASHBOARD
SNACK BAR - FREE PARKING
FLASHBOARD PRIZES AS HIGH AS \$1,199

5 PM LIGHTNING & FLASH | 6:30 PM 10 REGULAR GAMES
\$400 PRIZES | TWO SPECIAL GAMES \$500

2ND AND 4TH FRIDAY

BINGO BUY-IN
1 PACK REGULAR GAME: \$30 | 2-3 PACKS \$40
4-5 PACKS \$50 | ADDITIONAL \$10

SOUTHERN ALAMEDA COUNTY BUDDHIST CHURCH
32975 ALVARADO NILES ROAD
UNION CITY, CA 94587
TEL: (510) 471 - 2581
www.sacbc.org/bingo



BINGO NEEDS HELP!!!

We are in need of a backup office person. The duties are mainly counting money and making payouts so if you have any experience, please contact John Arai. We are desperate!

Speaking of desperate, we need help selling Special Games for both March dates - 13th & 27th. The shift is from 5-8pm. The usual volunteers are already stretched thin. We need you.

Need a Happi Coat for the next Obon?

If you donate 3 yards of fabric and \$20 to SACBC Boutique, we will turn it into a happi coat. Contact Noreen Osaki at n.osaki@comcast.net (Exceptions apply). Black collar material provided.

Got Zippers?

Boutique is in need of zippers - any color, any size. They will be used to make bags, pouches, and cases. Thanks!

March

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|--|--|---|--|
| 1 10am Shotsuki Hoyo | 2 3-5 pm Taiko 4-5pm Taiko (beginner) 5-10pm AA | 3 6:30-8:30pm Scouts 5-10pm AA | 4 3-5 pm Taiko 5-10pm AA | 5 11am-1pm JLS prep 5-10pm AA | 6 5-10pm AA | 7 8:30-3pm JLS 10am -3pm Spring Rummage Sale |
| 8 10am Transbay Dharma Exchange Dharma School 11am-3pm Spring Rummage Sale | 9 3-5 pm Taiko 4-5pm Taiko (beginner) 5-10pm AA GC Articles Due | 10 6:30-8:30pm Scouts 5-10pm AA | 11 3-5 pm Taiko 5-10pm AA 7:30-9:30pm Board Meeting | 12 11am-1pm JLS prep 5-10pm AA | 13 6am O-Jinjo BINGO 5pm - 10pm | 14 8:30-3pm JLS |
| 15 10am Family Service Knife & Tool Sharpening | 16 3-5 pm Taiko 4-5pm Taiko (beginner) 5-10pm AA | 17  6:30-8:30pm Scouts 5-10pm AA | 18 3-5 pm Taiko 5-10pm AA 7:30-8:30pm Bazaar Meeting | 19 11am-1pm JLS prep 5-10pm AA | 20 5-10pm AA | 21 8:30-3pm JLS |
| 22 10am Lady Kiyo & Lady Ohtani memorial Service Spring Ohigan | 23 3-5 pm Taiko 4-5pm Taiko (beginner) 5-10pm AA | 24 6:30-8:30pm Scouts 5-10pm AA | 25 3-5 pm Taiko 5-10pm AA | 26 11am-1pm JLS prep 5-10pm AA | 27 BINGO 5pm - 10pm | 28 8:30-3pm JLS |
| 29 10am Family Service | 30 3-5 pm Taiko 4-5pm Taiko (beginner) 5-10pm AA | 31 6:30-8:30pm Scouts 5-10pm AA | | | |  |

AA - Athletic Association

JLS - Japanese Language School

DS - Dharma School

BWA - Buddhist Women's Association



Southern
Alameda County
Buddhist Church

Southern Alameda Co. Buddhist Church
32975 Alvarado-Niles Rd.
Union City, CA 94587

RETURN SERVICE REQUESTED

Non-Profit
Organization

U.S.
POSTAGE
PAID
UNION CITY,
Ca 94587
Permit No. 27



MARCH HIGHLIGHTS

1ST - SUNDAY | SHOTSUKI HOYO

7TH SATURDAY & 8TH SUNDAY | RUMMAGE SALE

8TH - SUNDAY | TRANSBAY DHARMA EXCHANGE

15TH SUNDAY | FAMILY SERVICE

22ND SUNDAY | **SPRING OHIGAN SERVICE**
LADY KIYO & LADY OHTANI

29ND SUNDAY | FAMILY SERVICE

ALL Sunday Service Start at: 10:00 AM PST
ZOOM Meeting ID: 818 7869 6300 | **Passcode:** 549504